



2023 Player / Parent Handbook

Rev 2/14/23

Christian Athletic League

2023 Board of Directors

Mailing Address: 3380 La Sierra Avenue, Suite 104-673, Riverside, CA 92503

Baseball Fields Physical Address: 11316 Cypress Avenue, Riverside, CA 92505

Executive Board

President	Kaycie Avila	951-809-7067	president@cal-baseball.org
Vice President	Brett McIntosh	909-261-4578	vice-pres@cal-baseball.org
League Secretary	Jamie Walden	951-313-9471	secretary@cal-baseball.org
Treasurer	Stacy Beasley	909-615-6266	treasurer@cal-baseball.org
Statistics Secretary	Sean Stewart	951-800-8056	stats@cal-baseball.org
Past President	Ed Tidwell	951-743-4814	past-pres@cal-baseball.org

Division Representatives (and Protest Board)

T-Ball	Tony Mendez	951-255-3941	info@cal-baseball.org
Farm	Stacy Beasley	909-615-6266	treasurer@cal-baseball.org
Senior	Jasmine Garcia	714-559-9063	info@cal-baseball.org

Committees, Etc.

Uniform Coordinator	Barbara Tidwell	951-522-6955	info@cal-baseball.org
Fundraising Coordinator	Emily Nudge	951-972-9312	fundraising@cal-baseball.org
Snack Bar Coordinator	Open	Open	president@cal-baseball.org
Practice Field Coordinator	Kaycie Avila	951-809-7067	president@cal-baseball.org
Webmaster	Jacqui Hayward	951-205-2801	yearbook@cal-baseball.org
Registration (chair)	Kaycie Avila	951-809-7067	president@cal-baseball.org
	Emily Nudge	951-972-9312	fundraising@cal-baseball.org
	Barbara Tidwell	951-522-6955	info@cal-baseball.org
	Sean Stewart	951-800-8056	stats@cal-baseball.org
Grounds Keeping (chair)	Kaycie Avila	951-809-7067	president@cal-baseball.org
	Garrett McIntosh	909-838-7950	info@cal-baseball.org
	Ed Tidwell	951-743-4814	past-pres@cal-baseball.org
Equipment	Kaycie Avila	951-809-7067	president@cal-baseball.org
Yearbook Coordinator	Jacqui Hayward	951-205-2801	yearbook@cal-baseball.org
Recycling	Open	Open	info@cal-baseball.org
Opening Ceremonies	Stacy Beasley	909-615-6266	treasurer@cal-baseball.org
	Kaycie Avila	951-809-7067	president@cal-baseball.org
Closing Ceremonies(chair)	Open	Open	info@cal-baseball.org
All-Stars Coordinator	Open	Open	info@cal-baseball.org
Scheduling (chair)	Brett McIntosh	909-261-4578	vice-pres@cal-baseball.org

E-mail addresses are for League-related purposes only. No forwards please.

League Website: www.cal-baseball.org



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Introduction

We are pleased that your child has signed up to play baseball with the Christian Athletic League. The Christian Athletic League (CAL) is a non-profit organization for the development of our youth. CAL establishes the basic rules and general infrastructure to allow young men and women to learn and play the game of baseball. CAL holds itself to the high standards of fair play, good sportsmanship, and sensible conduct by our children, their families, and the Board of Directors. These standards are the values that we want our children to develop.

Every League-authorized Manager, Assistant Coach, and Team Parent is required to have a LiveScan background check performed through the FBI and Department of Justice in order to run a practice or be on the field or in the dugout during a game. While every parent on every team will not be LiveScanned, those who have been successfully LiveScanned will receive a personalized identification lanyard issued by CAL which they must wear at games. In addition, we will keep a list in the Snack Bar at Divine Word of all individuals who are authorized to act as a Manager, Assistant Coach, and Team Parent. Please note that only practices or other team gatherings supervised or run by an authorized Manager, Assistant Coach, or Team Parent will be considered a League-sanctioned event.

Please note that even if you have recently been LiveScanned for another organization, the FBI and Department of Justice does not allow the information to be shared; unfortunately, you will be required to complete a LiveScan specifically for the Christian Athletic League.

Volunteers who have been LiveScanned for CAL Baseball previously do not have to be re-scanned unless their name was removed due to taking a season off. Their information will be updated automatically for as long as they continue to volunteer for the League.

Who To Contact

Your Team Manager will call you after he/she receives the team roster on February 4th to set up a team meeting and practices. You should plan to attend a team meeting sometime within the second week of February. Be sure to get your Manager's phone number when he/she calls you. If at any point during the season you have a concern, contact your Manager first. Next in line is the Division Representative for your division. If your situation is not resolved to your satisfaction after these efforts, please contact your League Vice President. For general questions, please contact your Division Representative or the appropriate Board Member. Each Board Member is knowledgeable of the rules and procedures. Sometimes, what you are asking for cannot be done, but you can be assured that all concerns will be investigated and responded to with the best intentions.

Purpose

CAL is dedicated to providing the youth of our community with a program that teaches sportsmanship, teamwork, and self-discipline, along with teaching the fundamental skills of baseball.

CAL was designed to demonstrate not only the skills involved in the sport, but to give a chance to young men and women to perform despite their ability. It is up to us to demonstrate the true Christian aspect of fair play. This does not mean we do not wish to teach the winning habit or the desire to win, but it does mean that in losing we can still be a success to our ideals and ourselves.

Sportsmanship and Conduct

Being gracious in defeat as well as in winning is the cornerstone of our program. CAL youth baseball is based on the premise that a competitive level of baseball can be played without un-sportsmanlike conduct by participants and/or fans.

Players Code of Conduct

Sportsmanship means being modest in victory as well as accepting defeat graciously after trying your best. The Code of the Sportsmanship Brotherhood is to:

- Keep the rules.
- Keep faith with your teammates.
- Keep your temper.
- Keep yourself fit.
- Keep a stout heart in defeat.
- Keep your pride under control in victory.
- Keep a sound soul, a clean mind and a healthy body.
- Play the game.

Managers and Coaches Code

CAL was designed to demonstrate not only the skills involved in the sport, whatever it may be, but to give a chance to young men and women to perform despite their ability. It is up to us to demonstrate the true Christian aspect of fair play. This does not mean we do not wish to teach the winning habit or the desire to win, but it does mean that in losing we can still be a success to our ideals and ourselves.

We, the Managers and Coaches of CAL, do hereby agree to uphold the basic concept of true sportsmanship and to instill in the young men and women assigned to us the meaning of winning graciously and losing without anger. We accept without rancor of any kind the results of an honest contest between teams and show the morality that the Christian Doctrine dictates to everyday life.

Parent's Pledge

We, the parents and guardians of the players of the Christian Athletic League, do hereby pledge to:

- Be supportive whether in victory or defeat.
- Allow our children to play as children, not as adults.
- Help with practicing at home.
- Promise not to lose faith with the team or any players on the team.
- Allow our children to have fun in sports.
- Appreciate the effort, will and determination of our players and coaches.

Parent's Code of Conduct

As a parent and player supporter, you play a special role in contributing to the needs and development of the children. Our main theme is for everyone to “**Honor the Game**”.

Through your encouragement and good examples, you can help assure that all the boys and girls learn good sportsmanship and self-discipline.

1. Each family is responsible for their own personal health and safety. Stay home if you are sick. Communicate with your team manager.
2. Children want to have fun! Remember that your child is playing the game, not you. It's very important to let the children establish their own goals - to play the game for themselves. Take care not to impose your own goals and standards on them.
3. Children play for the fun of playing. Cheer positively for the things you like and encourage your team. But remember, too many voices may confuse your child. Let the coaches do the coaching and the umpires do the umpiring. Remember, Have fun!
4. Never put down the other team, one of your child's teammates, or your own child.
5. The size of a baseball diamond and the continuous nature of the game seriously diminish the effectiveness of sideline coaching. Leave the managing and coaching to the managers and coaches.
6. The umpires are professionals, but they are also human. While their decisions may not always be agreeable to all, their decisions are final. No useful purpose is served by shouting disagreement or derogatory remarks. Such action could be cause for termination of the game, and result in a forfeit for your team.
7. Every year we have new managers and coaches. Each is volunteering to do a difficult job and mistakes will occur. Thank them for devoting their time and effort to teaching your child. Harassing the managers, coaches, or umpires is unwarranted and will not be tolerated.
8. Along with snack bar refreshments comes litter. We ask your help in keeping the fields neat and clean by disposing of the litter and all other trash properly.
9. City, school, and league policies prohibit the consumption of alcoholic beverages and smoking while on or near playing or practice fields. Smoking must be confined to within your car.
10. **PETS ARE NOT ALLOWED** (regardless of size or type) at the Divine Word facility or City practice fields. Please leave your pets at home and please respect the rules.

Practice Schedule: To Be Set by Team Manager
Games: Tball - Saturdays, Farm & Senior - Saturdays & Weekday (beginning in April)



Positive Coaching Alliance Culture

The Christian Athletic League aspires to be an outstanding educational-athletic organization that provides a high-quality experience to every athlete. A high-quality experience is one in which every athlete:

- Is coached using the principles of Positive Coaching
- Has fun playing the game
- Feels like an important part of the team regardless of performance
- Learns "life lessons" that have value beyond the playing field
- Learns the skills, tactics, and strategies of the game and improves as a player

We recognize that the coach is who most directly makes this all possible. It is our goal to provide every coach with tools to be successful as a Positive Coach. We are committed to creating a positive culture in which coaches, parents, fans, officials and athletes work together to achieve our mission.

Positive Coaching Alliance Clinics

In order for the Christian Athletic League to establish the Positive Coaching Alliance Culture, the League has scheduled a series of three clinics to train its membership. The Board has attended PCA Clinics, and we are very excited about the positive influence it is having on our program.

Each year we offer **two clinics for coaches and managers**. The first coaches' clinic (Double Goal Coach I) is geared toward new coaches and managers, and the second clinic (Double Goal Coach II) is for returning (and new) managers and coaches who have already gone through the first coaches' clinic. The manager and at least one assistant coach from every team must attend one or both of the PCA coaching clinics. The League will pay the \$5 materials fee for team Manager and Assistant Coaches to attend one of these critical clinics. Reservations must be made one and a half weeks prior to the first clinic.

The third, and possibly most important, clinic is geared toward the parents. **It will be held on Thursday, March 14th beginning at 6:30 p.m. at [location to be determined]. Parents need to arrive at 6:15 p.m.** to check-in, receive their materials, food, and be seated so the program can begin on time. At the time of registration, each family already paid the cost for one parent to attend the clinic (\$5 each). Your team's Manager will have a sign-up sheet for the name of who will attend the clinic. **This clinic is very important; one member of each family must attend.** Please note that this clinic is separate from the Coaches Clinics and the material is geared toward the parents and fans.

Please note that this year there is a game win associated with the parents who attend the Parent PCA Clinic. This win could affect your team's season standings. The win will be awarded to your child's team if at least 75% of the team's players are represented at the Parent PCA Clinic and will be shown in your team's win/loss standings before they even play their first game! *If you leave early you will not receive credit for attending.*

ELIGIBILITY

Age Eligibility by Division

T-BALL -Age 4 but not 8 by June 30, 2023

FARM - Age 7 but not 10 by June 30, 2023

SENIOR*- Age 10 but not 13 by June 30, 2023

*Senior division is a combination of Minor and Major age groups consisting of players ages 10 to 12 (cannot turn 13 on or before June 30, 2023--all stars). During seasons when sufficient players and volunteers register to form at least 8 teams of players age 10-12, the Senior division age group may be split into separate Minor (ages 10-12) and Major (ages 11-12) divisions.

NOTE: A player may **move up** to a higher division if requested by a parent, but a player may not play down in a lower division than he or she is eligible by age (unless a special circumstance is determined by evaluation and decision of the Executive Board).

General Eligibility

All young men and women between the ages of four and twelve are eligible to play. Legal proof of age must be provided, such as a certified copy of a birth certificate, health ID card, or immunization record.

GENERAL INFORMATION

Baseball Rules of Play

We play under the Major League Baseball Rules, except where modified by the CAL Rulebook. Every manager and coach is supplied with a CAL Rulebook, which lists the exceptions to Major League Rules as they apply to this program. CAL does not use Little League rules.

Rules and Policies

1. CAL has a strict NO SMOKING policy. The State of California prohibits smoking at all elementary schools. No smoking is allowed on or near the fields at Divine Word Seminary. Please observe this policy in order not to jeopardize our use of these facilities.
2. The use of alcoholic beverages in any form is prohibited on the playing fields, bleachers, dugouts, etc. before, during or after the game. Any person caught offending this rule will be suspended for two (2) games on the first offense, and for the season on the second.
3. Any disruptive behavior from the spectators, players or coaches can result in game forfeiture to be called by the Umpire.
4. No Manager, Coach, Player, nor Spectator shall incite demonstration, use language that will in any manner refer to or reflect upon opposing players, the Umpire or any spectators, nor make intentional contact with the Umpire, in any manner with un-sportsmanlike intent. The offender shall be removed from the game and leave the playing field. Any backlash from the penalty can result in forfeiture of the game, to be called by the Umpire.
5. No person shall be allowed on the playing field or in the dugout during the game except players, coaches, and Managers, photographers authorized by the League Board, Umpires, Officers of the Law and League Officials.
6. Players, Coaches, and Managers of the participating teams shall not address or mingle with spectators, or sit in the stands during a game in which they are engaged.
7. **NO PETS ARE ALLOWED**, regardless of size or type of pet. Please leave them at home.

Team Formation

All teams are typically made up of 10 to 13 players (up to a maximum of 15 players under extreme circumstances). There are no tryouts, but we do hold a skills evaluation for all Farm, Minor, and Major/Senior division players (new and returning, protected and unprotected) to help with team formation. Every child who is signed up during the registration period will be placed on a team.

The Managers and the Executive Board design the T-Ball teams geographically, when possible, according to the location of the Manager's residence. Players may request to be kept with other players in the T-Ball and Farm divisions only. **Senior** (or **Minor** and **Major**) players who request to be kept together for car pool purposes may cause a protected player to be removed from his or her team and be placed in the draw with the car pool request.

The Managers and Executive Board design the **Farm** and **Senior** (or **Minor** and **Major**) teams. Each returning team has its protected group of nine to twelve players that are competitive and work well together. The core team consists of nine to twelve players that played for that same team the previous season and one new player of the manager's choice. This system rewards those teams that stay together and enables them to play a level of baseball more reflective of their increased skill level and desire for competitive play.

If the Manager of a prior year's team leaves the League, a Coach from that team may protect these players and take over the team.

The remainder of unprotected players, new and non-core, in the **Senior** (or **Major** and **Minor**) **Division**, are designated a number, and put in a "hat" based on their basic skill level determined at skill evaluations. A Manager's meeting is called where each Manager or his designated representative, shall make a blind draw to fill his/her team. The team with the least number of protected players will draw until he/she is equal to the team with the next least protected. This process continues until all players are on a team.

Players who need to be placed on the same team due to child-care or transportation will be placed on the same draw ticket and will constitute a double draw. If one of these players is a protected player, then he/she will lose his/her protected status and be placed in the draw.

Siblings of protected players can also be protected if they live in the same household.

If a player signs up after the draw, the player will go on the team whose Manager was next in line to draw. A returning player who signs up late cannot be guaranteed that he/she will be placed on their previous team.

If a player does not want to be protected by a particular Manager or Team, then he/she will be put in the draw.

There will be one chance by all Managers to trade players; this must be done at the same meeting as the Blind Draw and with the majority approval of the Managers in that division.

The Executive Board has final roster approval on any or all of these teams.

Instructional or Competitive Play?

T-Ball is instructional play only. No one is to keep score. No standings are compiled. All other divisions are competitive play. The Umpires must sign the Official Scorebook and record the final score. The Official Scorekeeper must also log the final score in the logbook kept in the Snack Bar. Standings are kept and tournament seeding is determined by best record for the season.

Minimum Playing Time

CAL sets the rules for the required amount of playing time for each player. In **T-ball**, every player bats and plays defense in every inning. For **competitive divisions**, the minimum amount of playing time is two (2) defensive innings and at least one (1) at bat. We have adopted a rule that requires every player be in the batting line-up during the entire game instead of allowing batting order substitutions. In addition, each player will be put into the game for defense before the third inning begins. If a game ends before a player has completed his/her minimum playing time, he/she will begin the next scheduled game to complete innings lost plus play his/her additional two (2) complete innings before being removed from the game. In order to make up lost innings, that player must be one of the first nine batters in the line-up for the next game and start in a defensive position. Failure to meet these criteria by any Manager will mean forfeiture of the game.

Playing Fields

All games will be played at the Divine Word Seminary baseball fields. **TEAMS AND SPECTATORS ARE EXPECTED TO CLEAN UP THE FIELD, BLEACHERS AND DUGOUTS BEFORE LEAVING THE PREMISES.**

Divine Word Seminary Fields

The baseball fields at the Divine Word Seminary are private property that is owned by the seminary. The CAL youth baseball program has permission to use these fields for as long as it wishes, provided it agrees to the following:

1. Maintaining the baseball fields and lower parking lot, including mowing, watering, and weed abatement;
2. Emptying all trashcans into the dumpster at the end of every game day, and see that there is no trash left on the fields;
3. Paying for all electricity and water usage, and providing and pay for its own trash and portable toilet service; and
4. Keeping all CAL participants and spectators off any Divine Word property not directly associated with the baseball fields (including the hills surrounding the baseball fields), and directing all CAL participants not to disturb any neighbors of the Divine Word Seminary. Divine Word has permanent residents who live in the facilities above the baseball fields; therefore, **CAL PARTICIPANTS AND SPECTATORS ARE NOT WELCOME TO EXPLORE THE DIVINE WORD FACILITIES SURROUNDING THE BALLFIELDS.** Other than specific events where Divine Word has allowed us use of the hall or other facilities, our activities are limited to the baseball fields only.
5. **NO PETS ARE ALLOWED**, regardless of type or size of pet.

Schedules

- CAL sets the playing schedules for the teams. You will receive the game schedule in late February, early March. NOTE: Spring ball for Farm and Senior consists of a regular season, tournament and all-stars.
- T-Ball games are played on Saturdays only. **Upper division** (Farm, Minor, Major, Senior) games are usually two per week during the season (one weekday and one Saturday).
- Should a game need to be rescheduled due to a rainout or other situation, your Manager/Team Parent will notify you. **If it's raining, you still need to show up for a game unless your Manager has told you that it is cancelled.**

Practices

Practice times and locations are the responsibility of the team manager. Managers will do their best to accommodate your needs without sacrificing the general best interests of the team. Please try not to just drop off your child at practice and leave. Rather, offer to assist the Manager and Coaches or help with the equipment and planning required to make the team successful. Be sure to be on time for practice and arrive prepared. If you do leave, please be certain that you know when practice will end and be back before that time. Managers and coaches are volunteering their time and they also have families to get home to.

Since our Divine Word fields do not have lights, we are limited on how often a team can practice at Divine Word pre-season. Also, once weeknight games start for Farm through Senior Division teams, the Divine Word fields are used for games and will not be available to the teams for practice. Please note that there are sometimes additional costs to teams if they use City or School District fields for practices. These costs can be paid for with additional team fundraising money or by each family pitching in to cover the cost. Your manager will let you know.

Regular Season

The regular season of CAL baseball consists of 10 to 15 games for all competitive divisions, and 8 to 12 games for T-Ball. The exact number of T-Ball games will depend on the number of teams in order to allow each team to play every other team at least once. Trophies are awarded to all T-ball participants and each player on the 1st place team in Farm through Senior divisions at our Closing Ceremonies in June. A post-season tournament follows the regular season for all competitive divisions.

Post Season Tournament

CAL holds a post season tournament for all competitive level divisions. Tournament trophies are awarded to the 1st and 2nd place team in each division. Your Manager will inform you of the dates and times of the tournament games. Every team will play at least two games. The tournament is double-elimination format and could continue for two to three weeks, depending on the number of teams in the division.

All Stars

All competitive level divisions will have the opportunity to participate in an All Stars game at the end of post-season play. All participants will be asked to pay a fee to defray the cost of uniforms, umpires, and medals. The fee will be announced prior to all-star selection. Participation is optional.

Teams are formed by a majority vote by the players. Players from each team will vote for the top 3 to 6 players on their team, depending on the number of teams in the division, to represent their team in All Stars. A Blue and Red team from each division will be chosen.

Teams will consist of no more than fifteen players. Each All Star Manager can protect up to two players from his team, including the manager's child and a coach's child, if they were chosen as an All Star. Each regular season team for each division will be split evenly among the two All Star teams for that division. The manager of the team that wins its division will manage the Blue team, and the manager of the team that places 2nd in its division will coach the Red team. If the 1st or 2nd place manager declines or will not be available for any reason, the honor of managing the team will be extended to the manager of the 3rd place team, then the 4th place team, etc. All Stars will consist of a single game for each division. Post-season tournament rules will apply. 1st or 2nd place medallions will be presented to each player.

Umpires

CAL provides paid Umpires for competitive division games. In the event that an Umpire does not show up on time for a game, your Manager has a procedure to follow that will allow the game to proceed without one. Games are not canceled because an Umpire does not show up. T-Ball is instructional only and does not have Umpires.

Uniforms and Equipment

A complete uniform for all divisions, except T-Ball, shall consist of a hat, shirt, uniform pants, belt, socks and rubber cleats. All players will receive a hat and jersey that are theirs to keep at the end of the season. Your child must be in complete uniform, including hat, before he/she can play the game. It is your responsibility to see that your child is properly attired before leaving your home. T-Ball divisions will receive a hat and shirt. It is up to individual teams whether they will wear uniform pants and/or cleats.

CAL strongly advises that all players wear protective cups during all practices and games. **Catchers are required to wear a hard cup at all times behind the plate; any player not wearing a hard cup will not be allowed to play catcher.**

CAL supplies each team with equipment that all players can use during practices and games, including bats, helmets, and catchers' gear. You must supply your child's glove and protective cup. No personal equipment, other than catchers' gear is supplied. Please remember that most of the team equipment must be used again. Do not mistreat it. It is very expensive to replace and drives up the cost of League operations.

CAL is not responsible for lost or stolen personal equipment. Please make sure your items are clearly labeled with your child's name to aid in their proper return.

Volunteerism

CAL will again implement a volunteer point system for the 2023 season. This point system is in place to allow the parents of each team the opportunity to win one game for their team, when they meet their total point requirement. Points are earned by volunteering to help the team. Your manager will have a sign-up sheet for team volunteer positions at your first team meeting. **Obtaining the minimum number of volunteer points will result in win for the team that will count toward the team's overall season win/loss record**, which means that season standings could be affected by any team not earning the minimum number of volunteer points.

Parent attendance at the Parent PCA clinic will also result in another win for the team. **Having the minimum number of parents attend the Parent PCA meeting will result in a second win for the team that will count toward the team's overall season win/loss record.**

Please talk to your manager to find out how you can help your team win these games off the field. **If you are interested in assisting with any aspect of the League operations, please come to any monthly Membership meeting or call a Board member to see how you can put your time and talents to work!**

Player/Team Sponsorships and Fundraisers

CAL is a non-profit organization. But this status does not grant us the ability to avoid operating expenses. We sponsor fundraisers to offset the costs of equipping, maintaining, and managing the CAL Baseball program. The sign-up fee alone does not cover all of the costs for your child to play, so we rely on fundraisers to make up the difference. That is why we look for other methods of raising money. Fundraisers and the seeking of sponsorships are those we heavily rely on.

1. Each player is responsible for \$100 in fundraising (except siblings only \$90 with discount). **Players can sell candy, buy ad space in the yearbook, or a combination of both. Candy money, ads, and ad money will be due by March 4th.** We encourage parents to turn their ads in earlier. Souvenir yearbooks will be distributed in late May. Each player will receive one free book. Banner level sponsors will also receive one free book. **Please note that if you decide to sell 4 boxes of candy, you will be selling 120 candy bars for \$2 each and turning in \$240 to reach the \$100 fundraising credit (each box of 30 candy bars cost the League \$35 each, so you get credit for the \$25 per box profit, i.e. \$60 - \$35 = \$25).** We do not encourage families to only use the candy sale to reach their full fundraising requirement unless you have the ability to easily sell them all.
2. A copy of our **Advertising Rate Sheet** is provided at the back of this handbook. Additional copies are available on the league website. All donations (ads) may be tax deductible. Player name(s) need to be included with ads/payments so they get credit for the ads. Copies are also available online at www.cal-baseball.org.
3. Each team's fundraising requirement is based on its players' total fundraising requirement. Once the team's fundraising requirement has been met, 75% of all additional funds (other than banner funds) will be available to your team upon request (team funds). These monies should be spent on things such as: Trips to the Batting Cages, Team Parties, Team Jackets, etc. Team funds will be made available after the minimum player fundraising requirements are met for the team. Please note that 50% of additional funds from banner sales above the player(s)' fundraising requirement will be added to the team's funds.

You are required to participate in these fundraising efforts or buyout the fundraiser, and to lend your support where needed to see that the goals of this program are achieved. Siblings receive a \$10 discount against their minimum fundraising amount. **To motivate players to raise money beyond their \$100.00 minimum, cash prizes will be awarded to the top three fundraisers at Closing Ceremonies.**

Opening Day Ceremonies

Opening Day Ceremonies is the official kick-off for the beginning of the season. The day is filled with fun activities. Teams create carnival type booths for children to enjoy and set their own prices for the games or items they sell. This aids in your teams' fundraiser totals! There will be barbecues, bounce houses, music and more. We also hold a raffle, where prizes such as bicycles, batting gloves, gift certificates, and more are awarded! Your Team's Manager or Team Parent will advise you of the specific time your team will have their pictures taken (a basic package is paid for by the League), and there will be a team banner and spirit parade for the players to participate in. It is a full day of fun, so please plan on attending. The booths will be open from 10:00 a.m. until about 2:00 p.m., followed by the spirit parade and raffle which finishes up at about 3:30 p.m.

Closing Day Ceremonies

Your child will receive a trophy from the League during Closing Day Ceremonies. The ceremonies are held at San Manuel Stadium in San Bernardino. **CAL will provide one free ticket for each player.** The league will sell tickets for families and friends to attend the ceremonies and the 66ers game that follows (prices to be determined). The festivities are designed to be enjoyable for the whole family. Family, friends, and relatives are invited to share this special time. All are welcome. Team players are announced on the field and have a chance to run the bases. Each player in attendance is also entered into a drawing to participate in Baseball Buddies where children take the field with the 66ers starting lineup before the game.

League Fundraiser Events

In addition to individual fundraising that helps to offset the per player registration costs, we also hold separate league fundraisers such as the **Hit-A-Thon** and **Dine-Out** events to help pay for field improvements. Our annual Hit-A-Thon is a fun event for the players. The players secure flat rate or per hit pledges through 99Pledges (a link will be provided by the league for each player to share with family and friends) and then see how many hits they can get out of 15 pitches (10 for tball) on the day of the event. Prizes are awarded to the top fundraising teams and individuals, and also to the top hitters in each division.

Snack Bar

EACH Team Playing on DW1 provides ONE Snack Bar workers during their game. At least one adult must be present in the snack bar during the game. Your Team Parent will contact you to schedule your shift. We ask that children under the age of 16 not be allowed in the Snack Bar.

Pictures and Trophies

A picture package and trophy is included in your registration and fundraising fees. The picture package includes a 5 x 7, four wallets, and a photo button of your child, as well as a team picture. Your Team Parent will contact you with the team's scheduled time for your pictures at Opening Day Ceremonies. Additional picture items will be available for purchase on picture day. Every player in the League will be awarded a participation, first place, or second place trophy at closing ceremonies.

Injuries and Insurance

Whenever there is an injury to a player that appears to warrant medical attention, your Manager has been instructed to call 911. This is part of the CAL rules. It is important that the Managers know where to contact you in case of an emergency. **Keep them informed.** If you have not already, please complete the emergency section of the sign-up sheet regarding your child's doctor and medication. Please update this information if it has changed. It will be needed in case your child should ever have to be admitted to a hospital or be treated by Emergency Personnel. You are responsible for your own insurance. We do not offer insurance for your child. CAL also has an Emergency Action Plan, see page 12, that all Managers and Team Parents are instructed to follow.

Parent Involvement

CAL is an ALL-VOLUNTEER organization and there are many opportunities for your involvement. You will be asked to volunteer and help your team during the season by partnering with the CAL family on field clean up days, working in our snack bar, helping to run a booth on Opening Day ceremonies, serving as a Team Parent, prepping the fields for practice or games, assistant coaching, etc. Participation and volunteering will earn points toward a game win for your team. It is crucial that parents and guardians get involved for the longevity of this league. *We have found that once you get involved...you will really enjoy it and feel like CAL is your family!* Because this League is run solely by volunteers it cannot exist without YOUR help and support!

Membership/Board Meetings

All League/Board meetings are usually held the 1st Tuesday of every month (except July) at CA Construction (981 Iowa Ave, Riverside CA 92505) and everyone is invited to participate. See our calendar to confirm meeting dates and time. All parents are encouraged to participate in these meetings and league planning.

Elections

Nominations for all Board positions, division representative positions, and committees will be taken at the June membership/board meeting. Elections are held at the July membership/board meeting. Every adult parent, coach, and Manager is eligible to run for office. Executive positions are elected for a two-year term and other board positions are one-year terms. Your elected Board has fiduciary as well as managerial control over the business affairs of CAL. As such, it exercises those powers, which you have granted, for the benefit of your children. You may not always agree with its decisions or actions. We ask for your assistance and involvement to help the program and the way that it benefits your child. These jobs cannot be done without your active participation.

CAL Emergency Action Plan (EAP)

1. Dial 9-1-1
2. Identify yourself and your position with CAL Baseball
3. Give a brief description of the situation
 - What happened
 - Condition of injured person
 - What, if any, first aid is being administered
4. Give the telephone number from where you are calling.
5. Give specific directions to the location of the injured player/participant
6. Wait for medical dispatcher to tell you to hang up. **Never hang up first!**
7. Notify the CAL Board Member on Duty (BMOD) immediately to assist.
8. BMOD Schedule and contact phone #'s are in the Snack Bar.

Have the BMOD or other volunteer meet the Emergency Medical Services (EMS) crew at the Snack Bar or the top of the hill, whichever is closer, and lead to the location of the injured player/participant.

Emergency Protocols

Please follow the procedures outlined below during an emergency situation. Remember to remain calm and work cooperatively with any Emergency Medical Service crew or any other First Responder to ensure the safety of everyone.

1. Keep all other players and spectators away from the injured player/participant.
DO NOT MOVE the injured player/participant at this time
2. Keep the injured player/participant calm
3. Only properly trained & certified individuals should treat an injured player/participant with basic First Aid. **ONLY if appropriate & ONLY if necessary.**
4. **If the injured player/participant is not breathing and/or does not have a pulse, begin CPR,**
CALL 9-1-1
5. Contact the BMOD and allow them to assist you. If needed, the BMOD will meet the ambulance and/or EMS crew and assist them accordingly. The BMOD should open all necessary gates and doors and lead the ambulance personnel to the injured player/participant.
6. Provide your name and phone # to the BMOD so they can contact you if further assistance or information is needed.
7. The Team Parent should notify the individual's emergency contact, if parent or guardian is not available, and inform them immediately if an ambulance has been called.
8. Additional important information: Last time person took anything by mouth, any known allergies, list of recent medications, any known medical history.
9. Assist the BMOD and EMS crew as needed.

Directions to Divine Word (baseball field):

- A. 11316 Cypress Ave., Riverside, CA 92505, Major cross streets- Cypress & La Sierra Ave.
- B. Enter the Baseball Field by driving straight up Cypress Ave. immediately past Golden Ave.



Christian Athletic League Calendar of Events 2023 Baseball Season

Board & Membership Meetings: (1st TUESDAY of each month, except where noted with *)

*November 1, 2022 @ 6:30 p.m.	May 2, 2023 @ 7:45 p.m.
December 6, 2022 @ 6:30 p.m.	June 6, 2023 @ 7:45 p.m.
January 3, 2023 @ 6:30 p.m.	*July 11, 2023 @ 6:30 p.m.
February 7, 2023 @ 6:30 p.m.	August 1, 2023 @ 6:30 p.m.
March 7, 2023 @ 7:00 p.m.	*September 12, 2023 @ 6:30 p.m.
April 4, 2023 @ 7:00 p.m.	October 3, 2023 @ 6:30 p.m.

Registration Dates (onsite sessions at fields):

Spring:

Saturday, January 7, 2023	from 9:00 am - 1:00 pm (w/skills evaluations)
Saturday, January 14, 2023	from 9:00 am - 1:00 pm (w/skills evaluations)
Saturday, January 21, 2023 (final date)	from 9:00 am - 1:00 pm (w/skills evaluations)

Fall:

Saturday, July 29, 2023	from 9:00 am - 12:00 pm (tentative)
Saturday, August 5, 2023	from 9:00 am - 12:00 pm (tentative)

Field Clean-Up Days:

Saturday, March 4, 2023 from 9:30 am - 1:00 pm - Major clean-up before Opening Ceremonies & Games
 Saturday, September 9, 2023 from 8:00 am - 12:00 pm - Fall ball Clean-up

PCA Workshops:

*****TENTATIVE*** ****SUBJECT TO CHANGE******

Mgr/Coach Workshop DG1: Tuesday, February 21, 2023 from 7:00 pm - 9:00 pm
 Mgr/Coach Workshop DG2: Thursday, March 2, 2023 from 7:00 pm - 9:00 pm
 Required Parent Workshop: Tuesday, March 14, 2023 from 7:00 pm - 9:00 pm
 Parent Welcome Pizza, Goodies & Drinks: Tuesday, March 14, 2023 6:30 pm - 7 pm

Other Special Meeting and/or Events:

CAL Manager Meeting Part 1 (rules) + Team Draw	Tuesday, January 31, 2023	7:00 pm
Manager Meeting Part 2 (field) + + Equipment and Candy Distribution	Saturday, February 4, 2023	8:00 am
Team Parent Clinic	Thursday, February 16, 2023	7:00 pm
All Teams Volunteer Field Prep Meeting	Saturday, March 4, 2023	8-9:30 am
Fundraising Money Due	Saturday, March 4, 2023	8-10 am
Scorekeepers Clinic	Saturday, March 4, 2023	10-11 am
Opening Ceremonies / Picture Day	Saturday, March 11, 2023	10am-3pm
Spring Season Games Begin	Saturday, March 18, 2023	
Make-Up Picture Day	Saturday, April 15, 2023	
Weeknight Games Begin	Monday, April 10, 2023	
Regular Season Games End (Farm-Major/Senior)	Thursday, May 11, 2023 (estimated)	
Hit-A-Thon Fundraiser	Saturday, May 13, 2023 ** time TBA**	
Tournament Play Begins	Monday, May 15, 2023 (estimated)	
All- Star Practices and Game	Tuesday, May 30, 2023 - Saturday, June 3, 2023	
Closing Ceremonies	Saturday, June 10, 2023	
Fall Season Parent Meetings	Saturday, August 19, 2023 9:00 am and 10:30 am	
Fall Season Games	Saturdays September 16 – November 4, 2023	



Christian Athletic League

a state and federal non-profit organization - Tax ID 33-0939080

3380 La Sierra Ave, Ste 104-673, Riverside, CA 92503

www.cal-baseball.org

Spring 2023 Baseball Season

Dear League Supporter,

CAL Baseball is a local youth baseball organization that serves about 150 boys and girls, between the ages of 4 and 12 years old, in the greater Riverside area. We provide an opportunity for these children to learn the game of baseball, along with good sportsmanship and the importance of teamwork and fair play. We are an all-volunteer, non-profit organization dutifully donating our time and effort for the development of character and sportsmanship in the youth of our community. We serve all ethnic, religious, and social backgrounds. Every child plays in every game.

Our League has a long-standing partnership with the Positive Coaching Alliance (PCA), which is a nationally renowned, non-profit organization that helps organizations like ours ensure a positive sports experience for our kids. Through our partnership, the CAL Baseball's leadership, coaches, and parents learn to promote **Honoring the Game**, and learn to apply the elements of **ROOTS—Respect for: Rules, Opponents, Officials, Teammates, and Self**. We are very excited about this partnership and the impact it continues to have on the CAL Baseball Family.

Each child in our league is responsible for raising a minimum of \$100 in fundraising to help offset the total cost of running a baseball league and keep registration fees affordable. League expenses include uniforms and trophies for every player, umpires, insurance, field maintenance, and promoting the PCA culture. We are a federal and state non-profit public benefit corporation, so all donations may be tax deductible.

To show our appreciation for your sponsorship, we will provide advertising opportunities as follow:

<u>Level</u>	<u>Donation Amount</u>	<u>Benefit</u>
Level 1	\$25, \$50, or \$75	(\$25) Business Card Ad , (\$50) 1/4 Page Ad , (\$75) 1/2 Page Ad in our League Yearbook
Level 2	\$100 to \$199	Full Page Ad in our League Yearbook and a copy of the Yearbook
Level 3	\$200 to \$299	Level 2 Benefit plus Appreciation Plaque from the League plus business can have their company logo on our Website Sponsor Wall (clickable)
Level 4	\$300 and up	Level 3 Benefit plus Advertising Banner hung on the field fence line and your company logo featured on our Website Sponsor Wall

All yearbook ad artwork should be submitted in high resolution JPEG format.

Note: ads will be printed black and white.

CAL does not create ads and is not responsible for the quality of the original ad submitted or for late submissions.

Maximum banner size is 3' x 5'

Banner may be provided by sponsor or by CAL if graphics are provided.

Thank you for your consideration. If you have any questions in regards to sponsorships, please contact our League President, Kaycie Avila, at 951-809-7067 or president@cal-baseball.org or email yearbook@cal-baseball.org. **We are requesting payment and ads by March 4, 2023, but ALL ad artwork must be received by April 8, 2023 to be included in our League Yearbook.** Please include the player's name with your payment to ensure he or she receives credit toward their fundraising requirement.

Sincerely,

CAL Baseball Board of Directors

Christian Athletic League

2023 Sponsor Advertisement / Memory Space Rate Sheet

All payments are due by **March 4, 2023**. All ad artwork must be received no later than April 8, 2023.

Eighth (1/8) Page Ad
(Business Card or
up to 2.25" high x 3.75" wide)

\$25.00 Each

Quarter (1/4) Page Ad
(up to 4.5" high x 3.75" wide)

\$50.00 Each

Celebrate your favorite CAL player/team with a memory space or promote your business with an ad in the **2023 CAL Baseball League Yearbook** which will be viewed by families and friends of the Christian Athletic League.

Contributions are tax deductible (Tax ID #33-0939080)
Credit Cards are accepted if paid in person (fee applies).

Each player is responsible for a minimum total of \$100.00 in fundraising.
Reserve your space in the yearbook today!

Send **Camera Ready Printed Ad or Digital Copy of Ad** with Payment to:

Christian Athletic League
Attention: Yearbook
3380 La Sierra Ave, Ste 104-673, Riverside, CA 92503
or email: yearbook@cal-baseball.org

Player's name MUST be included with payment so he/she receives credit.
All ads must fit in the box shown on this page based on size purchased.

Half (1/2) Page Space
(up to 4.5" high x 7.5" wide)

\$75.00 Each

Other Advertising Options:

- ⇒ **Single Line Shout Out or Ad** (up to 50 characters per line): \$10.00 per Line ⇐
- ⇒ **Full Page Space** (up to 9.0" high x 7.5" wide): \$100.00 to \$199.00 ⇐
- ⇒ **Sponsor Plaque + Full Page Space** (up to 9.0" high x 7.5" wide): \$200.00 to \$299.00 ⇐
- ⇒ **Sponsor Field Banner + Plaque + Full Page Space** (up to 9.0" high x 7.5" wide): \$300.00+ ⇐